



May 9, 2007

Press Release

Attention Assignment Editor

FOR IMMEDIATE RELEASE

Southeastern District Health Department to Hold 3rd Annual Arthritis & Fibromyalgia Expo

Arthritis and Fibromyalgia Expo features Pain Management Presentation

Pocatello - The Southeastern District Health Department's Arthritis Program will be holding their 3rd Annual Arthritis and Fibromyalgia Expo on Saturday, May 19, 2007. The awareness event will run from 8:30 a.m. to 12:30 p.m., and will be held at the Southeastern District Health Department located at 1901 Alvin Ricken Drive, in Pocatello.

Arthritis is often referred to as if it were a single disease, but actually is an umbrella term used for a group of more than 100 medical conditions that collectively affect nearly 70 million adults and 300,000 children in America alone. While the most common form of arthritis, osteoarthritis (OA), is most prevalent in people over 60, arthritis in its various forms can start as early as infancy.

For many people with arthritis, however, joint involvement is not the extent of the problem. Many forms of arthritis are classified as systemic, meaning they can affect the whole body. In these diseases, arthritis can cause damage to virtually any bodily organ or system, including the heart, lungs, kidneys, blood vessels and skin. Arthritis related conditions primarily affect the muscles and the bones.

This year's *Expo* will feature displays by Hall Healthy Step Compression, Hosiery, Orthopedic Shoes, and Hosiery, Fitness Inc., Idaho Medical Imaging, and the Arthritis Foundation. Guest speakers will include Roger Hefflinger, PharmD., Patty Chambers, OT, and Tracy McCulloch, MHE.

For more information about this year's *Arthritis and Fibromyalgia Expo*, please contact Tracy McCulloch at 208-239-5250.

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For further information regarding this release, please contact Mary Howell at the Southeastern District Health Department at 208-239-5288